[https://www.huffingtonpost.com/mirah-riben/the-trauma-of-mothers-who-have-lost-children-to-adoption\_b\_6919982.html](https://www.huffingtonpost.com/mirah-riben/the-trauma-of-mothers-who-have-lost-children-to-adoption_b_6919982.html%22%20%5Ct%20%22_blank)

<http://www.adoptionbirthmothers.com/a-birthmothers-life/>

<https://www.childwelfare.gov/pubpdfs/f_impact.pdf>  Impact of Adoption on Birthmothers

<https://www.adoptioninstitute.org/old/publications/2006_11_Birthparent_Study_All.pdf>   Donaldson Institute Birthparent Study

<https://www.cubirthparents.org/>   CUB ( Concerned United Birthparents) is an advocacy organization focused on birthparent issues and support. Educates about the adoption journey.